**Integrated Lesson Planning: Bullying**

**Time required (45 minutes, 2 class periods etc…):**

1 - 45 class period

**Materials and or technology needed (power point, smartboard, elmo, glue, paper, etc…):**

1. Who can you talk to? Worksheet on who to find in your family and community if you need help or know someone who needs help with child abuse.
2. Book: “A Child Called It” by David Pelzer

**Set-up or preparation needed:**

1. Make copies of worksheet for number of students in the English classrooms
2. Extra writing utensils in case a student forgets theirs

**Format presented in (power point, lecture, small group activity, combination, etc):**

This lesson will be presented in lecture type format and include a classroom activity based on the book by David Pelzer.

**Academic topic / lesson:**

Pro-social education is the glue that holds everything together, and that helps young people develop their special qualities, talents, and gifts so that they can become the very best versions of themselves (Fink & Gellar).

Students in 9th grade are reading a book called “A Child Called It” by David Pelzer. Students will learn about how the main character in the book, his struggles and triumphs as he journeys out of his abusive home. By completing the Who can help worksheet. Students will be able to recognize the people in their lives who can help them when and if they need it.

**State academic standard(s) addressed:**

Standard 4: Instruction

4.1: teachers align their instructional goals and activities with school and district priorities and Ohio’s academic content standards

Standard 6: Collaboration and Communication

6.2: teachers share responsibility with parents and caregivers to support student learning, emotional and physical development and mental health

6.3 Teachers collaborate effectively with other teachers, administrators and school and district staff

Standard 7: Professional Responsibility and Growth

7.3 Teachers are agents of change who seek opportunities to positively impact teaching quality, school improvements, and student achievement

**Academic (subject) knowledge needed by counselor (understanding of Newton’s third law, have read a novel, history etc...):**

Counselor needs to read the book “A Child Called It” by David Pelzer and understand the implications of child abuse, especially if a student in class has experienced child abuse. A knowledge of who has experienced child abuse to your knowledge would be beneficial to meet with them pre lesson and post lesson for follow up.

**Campus critical data elements indicating personal/social, academic or career (campus safety, state requirements, discipline referrals, tardies, drop out, conflict, etc ...)**

This lesson points to AYP goals including campus safety. Students will learn what child abuse is, what are the signs of child abuse, and getting help for yourself or someone you know who are experiencing child abuse. The goal of this lesson is to bring awareness and resources to each child’s life who are experiencing child abuse.

**Counseling core curriculum standard(s), competencies & indicators being addressed:**

**ACADEMIC DEVELOPMENT:**

Standard B:

A:B1 Improve learning

A:B1.2: learn and apply critical-thinking skills

A.B1.5 Organize and apply academic information from a variety of sources

A:B1.6: Use knowledge of learning styles to positively influence school performance

A:B2: Plan to achieve goals

**PERSONAL/SOCIAL DEVELOPMENT:**

Standard A:

PS:A1 Acquire self-knowledge

PS:A1.2: Identify values, attitudes and beliefs

PS:A1.5: Identify and express feelings

PS:A1.8: Recognize personal boundaries, rights and privacy needs

PS:A2: Acquire Interpersonal skills

PS:A2.1: Recognize that everyone has rights and responsibilities

PS:A2.6: Use effective communication skills

PS:A2.7: Know that communication involves speaking, listening, and nonverbal behavior

Standard C:

PS:C1.5: Differentiate between situations requiring peer support and situations requiring adult professional help

PS:C1.6: Identify resource people in the school and community, and know how to seek their help

**Counseling lesson / topic, if applicable (bullies, career etc...):**

The counseling topic of this guidance lesson relates to child abuse and personal and school safety.

**Synopsis of how guidance and academic lesson are related and integrated:**

The 9th grade students are reading the book “A Child Called It” by David Pelzer and will be replacing one teacher lesson but still relates to the content area.

**Similar student experiences to connect to the content / topic (relevance):**

Child abuse is a systemic issue that is on the rise. To address this issue in the English classrooms, as well as, in the counseling curriculum will help bring a new awareness and insight into signs of child abuse and what resources are out there for those experiencing child abuse or those who know someone else who is experiencing child abuse.

**Procedure (include teacher and counselor role in the lesson):**

* Teacher will present topic of today’s lesson – Signs and Resources and What we can do
* Counselor will present the remainder of the lesson – discussion questions and worksheet on signs of child abuse and what resources are there for students experiencing child abuse or if they know someone who is experiencing child abuse.
	+ Discussion Questions:
		- What are they signs that you could have noticed about David in the beginning stages of the child abuse?
		- Why is it hard to speak up about child abuse?
		- What are some feelings that come up when reading this book?
		- Complete worksheet on what resources are available to you
		- Ask students if they feel they would like to share and discuss what resources they chose and why.
* The teacher will assign any additional homework needed for class requirements.

**Attach a copy of lesson, any handouts, power points or additional materials:**

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