**Friendship Group #1**

**Opening & Introduction**

Have each group member tell the rest of the group one thing they like to do, something they like to eat, or somewhere they like or would like to go.

**Establish Group Rules**

* **Don’t talk when someone else is talking**
* **Listen to others & Be respectful**
* **You may pass if you need to**
* **Have FUN!!**

**What we talk about in group stays in group unless …**

* **Someone is hurting you**
* **You are hurting someone else**
* **You are hurting yourself**

**Game:**

* *What do you know? / Dice game*
  + *Jumbo Popsicle sticks with questions on them to get to know everyone a little better! Or questions corresponding with number rolled on dice.*

**What is this group about?**

* **Friendship**
* **What does being a good friend and having good friends mean to you?**

**Closing**

* **Try to notice when someone is being a good friend to someone else or when you are being a good friend to someone – come back next week and tell the group about it!**

**Friendship Group #2**

**Welcome & Review of Rules**

**Establish Group Rules**

* **Don’t talk when someone else is talking**
* **Listen to others & Be respectful**
* **You may pass if you need to**
* **Have FUN!!**

**What we talk about in group stays in group unless …**

* **Someone is hurting you**
* **You are hurting someone else**
* **You are hurting yourself**

**Homework**

* **What are some things you noticed throughout the week? When were you a friend to someone or when was someone a good friend to you?**

**What is this group about?**

* **Friendship**
* **What does being a good friend and having good friends mean to you?**

**Activity:** *Partly Cloudy from (*[*www.elementaryschoolcounseling.org*](http://www.elementaryschoolcounseling.org)*)*

* Sometimes students who are outside the mainstream are confused why the general population doesn’t reach out to be their friend. “Partly Cloudy” could help these students reflect on the importance of the quality of their friends vs. the quantity. Being unique is great, but it can also make it more challenging to find great friend matches. It’s hard being friends with someone you don’t have anything in common with, so naturally, if you think and act outside the box, then you’ll have fewer great friends at your disposal. You need a plan for how to seek out the right peers.

**Materials:**

* **Worksheets to complete**

**Closing**

* **Using your ideas from your worksheet on being a good friend; what could you use this week to show you are a good friend? Come back next week and tell us what you did and how it felt to be a good friend!**

**Friendship Group #3**

**Welcome & Review of Rules**

**Establish Group Rules**

* **Don’t talk when someone else is talking**
* **Listen to others & Be respectful**
* **You may pass if you need to**
* **Have FUN!!**

**What we talk about in group stays in group unless …**

* **Someone is hurting you**
* **You are hurting someone else**
* **You are hurting yourself**

**Homework**

* **What did you use this week to show you are a good friend? What did you do and how did it feel to be a good friend?**

**What is this group about?**

* **Friendship**
* **What does being a good friend and having good friends mean to you?**

**Activity:**

* 5 Second Rule
  + Was it fun to work together?
  + Was the game fair?
  + How could we have played differently?

**Materials:**

* Game & pieces

**Closing**

**Friendship Group #4**

**Welcome & Review of Rules**

**Establish Group Rules**

* **Don’t talk when someone else is talking**
* **Listen to others & Be respectful**
* **You may pass if you need to**
* **Have FUN!!**

**What we talk about in group stays in group unless …**

* **Someone is hurting you**
* **You are hurting someone else**
* **You are hurting yourself**

**Homework**

* **What did you use this week to show you are a good friend? What did you do and how did it feel to be a good friend?**

**What is this group about?**

* **Friendship**
* **What does being a good friend and having good friends mean to you?**

**Activity:**

* **Boudin – Video & Worksheet**
* 5 Second Rule
  + Was it fun to work together?
  + Was the game fair?
  + How could we have played differently?

**Materials:**

* Game & pieces

**Closing**

**Friendship Group #4**

**Welcome & Review of Rules**

**Establish Group Rules**

* **Don’t talk when someone else is talking**
* **Listen to others & Be respectful**
* **You may pass if you need to**
* **Have FUN!!**

**What we talk about in group stays in group unless …**

* **Someone is hurting you**
* **You are hurting someone else**
* **You are hurting yourself**

**What is this group about?**

* Friendship
* What does being a good friend and having good friends mean to you?

**Activity:**

* We are alike and different (retrieved from Colorful Counseling)
  + Have students pair up or complete individually.
* Watch *For the Birds* by Pixar and discuss.
* Friendship dominos

**Materials:**

* Game, pieces, computer for video, and worksheet

**Closing**

* Don’t forget even though this is the end of our group we are still here for you if you need us! Please do not hesitate to ask your teacher if you can come and talk to us! =)